

Frailty 3 Day Workshop

This Frailty CPD workshop, which is **delivered entirely online**, was designed with the aim of providing a flexible and accessible learning opportunity, introducing health and social care professionals to key principles of caring for older adults, exploring and enhancing knowledge and skills of caring holistically for the older person. The program is not academically accredited and does not have formal assessment of learning or competence sign-off in the clinical area.

The e-learning is focused on 'health, social care and other professionals with a high degree of autonomy, able to provide care in complex situations and who may also lead services for people living with frailty'* as defined by Tier 3 Frailty.

*A Framework of Core Capabilities (2018) Health Education England, NHS England, and Skills for Health.'

Indicative Content:

- Positive Ageing
- Healthy Communities
- Comprehensive Geriatric Assessment (CGA)
- Personalised Care – a frailty sensitive approach
- Legal and Ethical Issues
- Leading and Transforming Services

Workshop facilitators: Jenny Garside (Lecturer Advanced Clinical Practice) and Dr Kirsty Protherough, GP

Dates:

Introduction – 22 February 2024

Catch Up Day 1 – 21 March 2024

Catch Up Day 2 – 18 April 2024

Catch Up Day 3 – 16 May 2024 - to include evaluation

All sessions run 13.00 – 14.00 via virtual classroom. The available content is equivalent to 3 study days.



Online CPD

This CPD workshop is delivered **entirely online**. Delegates will be given access to the online environment for three months. The workshop will be launched with a 'live' introduction in the virtual classroom and there will be a one hour catch up session once per month. These sessions will be recorded.

The workshop encourages and facilitates delegates to undertake a reflective analysis of their current practice and use what they have learnt to inform, improve and overcome challenges. There is also great opportunity for networking and knowledge exchange activity with other professionals working within frailty.

The e-learning workshop **promotes self-directed learning**. Contact with the teaching team will be via, weekly monitored discussion boards and the hourly monthly catch up sessions.

Interaction in the online environment will be monitored and a certificate will be available upon completion of the e-resource and online evaluation.

Workshop fee: £426

For details on how to apply please contact:

Joanne Fleet Email: j.fleet@worc.ac.uk Tel: 01905 855147

Feedback from previous participants:

"I have **thoroughly enjoyed** doing the course, I have learnt so much."

"Thank you I've **really enjoyed** this course - it has made me **focus on my everyday practice** and also made me think about trying to push to provide a service for our patients living with frailty in the community."

"To be **brave and confident** that you can **work outside the box**."

"Developed **new pathways** for LTC management of care home residents."

"I have gained **more confidence** in working with patients and families with frailty."

