



Royal College of
General Practitioners



Are you an aspiring medic?

Unfortunately we cannot offer you work experience at this practice.
However, with the support of the RCGP, here are some tips for aspiring medics.

1

Work experience is just **one way** to gain insight

Observe GP is an interactive video platform, showcasing the different roles within a GP practice. A variety of patients and scenarios are presented and activities appear throughout the videos to allow aspiring medics to reflect on what is shown.



OBSERVE GP



rcgp.org.uk/observegp

2

Download a **reflective diary**

When applying to medical school, what is most important is not how much work experience you complete but how you reflect upon any relevant experience you obtain. Download a reflective diary to help you.

3

Visit the **Medical Schools Council web pages**

Find the entry requirements of all 40 medical schools in the UK and the core values and attributes needed to study medicine within the applications section.

medschools.ac.uk

4

Other ways to **gain insight**

Medical schools are looking for applicants who can demonstrate that they have developed an understanding of some of the realities of medicine. Below are some book and podcast recommendations which may help you, you may wish to research more.

Suggested reading:

- *The Appointment* by Dr Graham Easton
- *Do No Harm: Stories of Life, Death and Brain Surgery* by Henry Marsh
- *The Language of Kindness* by Christie Watson
- *Reasons to stay alive* by Matt Heig
- *With the end in mind* by Kathryn Mannix
- 'Fit for the future. A vision for general practice' by RCGP (available at rcgp.org.uk)

Podcasts:

- BBC Inside Health
- Talk Medicine by the British Medical Journal
- Sharp Scratch by the British Medical Journal

